



Joseph's Update on Real Estate

By **Joseph Barry Martin**



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LIFE IS ALL ABOUT CHOICES

Read this and then choose how you start your day tomorrow.

Michael is the kind of guy you love to hate. He is always in a good mood and always has something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!" He was a natural motivator. If an employee was having a bad day, Michael was there telling the employee how to look on the positive side of the situation.

Seeing this style really made me curious, so one day I went up to Michael and asked him, "I don't get it! You can't be a positive person all the time. How do you do it?" Michael replied, "Each morning I wake up and say to myself, you have two choices today. You can choose to be in a good mood or ... you can choose to be in a bad mood. I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or ... I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or ... I can point out the positive side of life. I choose the positive side of life.

"Yeah, right, it's not that easy," I protested, "Yes, it is," Michael said, "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people affect your mood. You choose to be in a good mood or a bad mood. The bottom line is "It's your choice how you live your life."

Years later I heard that Michael was involved in a serious accident. I went to see him and he told me that the paramedics were great. They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expression on the faces of the doctors and nurses, I got really scared. In their eyes I read, "He's a dead man. I knew I needed to take action." I told them, "I am choosing to live. Operate on me as if I am alive, not dead." Michael lived, thanks to the skill of his doctors, but also because of his amazing attitude. I learned from him that every day we have the choice to live fully. Attitude, after all, is everything. "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." After all, today is the tomorrow you worried about yesterday.

DRIED SEAWEED SOUP

Because much of our diet is fast-food and carbohydrate-based, it is too acidic which causes illness. A good way to alkalinize your body is to eat seaweed. Enjoy!

You will need for 4-6 servings: Cooking time: 10 minutes

1 oz. dried seaweed	1 egg beaten
2 ½ pints water	Few Spring onions, chopped
1 teaspoon sea salt	1 teaspoon soya sauce
4 oz. sliced chicken	

1. Soak the seaweed and wash well.
2. Bring water to the boil and add salt
3. Cut chicken into very thin slices, put in pan and simmer for 5 minutes.
4. Drain seaweed, chop into small pieces, add to stock and simmer for 5 minutes.
5. Add egg and spring onions, after removing the saucepan from heat.
6. Add soya sauce and serve

Your Joke for the Month:

A single guy decided life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet. After some discussion, he finally bought a talking centipede, (a 100-legged bug), which came in a little white box to use for his house.

He took the box back home, found a good location for the box, and decided he would start off by taking his new pet to church with him. So he asked the centipede in the box, "Would you like to go to church with me today? We will have a good time."

But there was no answer from his new pet. This bothered him a bit, but he waited a few minutes and then asked him again, "How about going to church with me and receive blessings?" But again, there was no answer from his new friend and pet. So he waited a few minutes more, thinking about the situation.

He decided to ask him one more time; this time putting his face up against the centipede's house and shouting, "Hey, in there! Would you like to go to church with me and learn about The Lord!?"

A little voice came out of the box....

"I heard you the first time! I'm putting on my shoes."



THREE GREAT LESSONS FOR YOUR FALL RESOLUTIONS

Number One: During my 2nd month of training, our professor gave us a pop quiz. I was a conscientious student and had breezed through the questions, until I read the last one: "What is the first name of the woman who cleans the school?" Surely this was some kind of joke. I had seen the cleaning woman several times. She was tall, dark-haired, and in her 50s, but how would I know her name? I handed in my paper, leaving the last question blank. Before class ended, one student asked if the last question would count toward our quiz grade. "Absolutely," said the professor. "In your careers you will meet many people. All are significant. They deserve your attention and care, even if all you do is smile and say "hello." I've never forgotten that lesson. I also learned her name is Sue.

Number Two: One night, at 11:30 PM, an older African American woman was standing on the side of a highway trying to endure a lashing rainstorm. Her car had broken down and she desperately needed a ride. Soaking wet, she decided to flag down the next car. A young white man stopped to help her—generally unheard of in those conflict-filled 1960s. The man took her to safety, helped her get assistance, and put her into a taxicab. She seemed to be in a big hurry! She wrote down his address, thanked him, and drove away. Seven days went by and a knock came on the man's door. To his surprise, a giant console color TV was delivered to his home. A special note was attached. It read: "Thank you so much for assisting me on the highway the other night. The rain had drenched not only my clothes, but my spirits. Then you came along. Because of you I was able to make it to my dying husband's bedside just before he passed away. God bless you for helping me and unselfishly serving others. Sincerely, Mrs. Nat King Cole."

Number Three: Many years ago, when I worked as a volunteer at the local Hospital, I got to know a little girl named Liz who was suffering from a rare and serious disease. Her only chance of recovery appeared to be a blood transfusion from her 5-year old brother, who had miraculously survived the same disease, and had developed the antibodies needed to combat the illness. The doctor explained the situation to her little brother, and asked the boy if he would be willing to give his blood to his sister. I saw him hesitate for only a moment before taking a deep breath and saying, "Yes, I'll do it if it will save Liz." As the transfusion progressed, he lay in bed next to his sister and smiled, as we all did, seeing the colour returning to her cheeks. Then his face grew pale and his smile faded. He looked up at the doctor and asked with a trembling voice, "Will I start to die right away?" Being young, the boy had misunderstood the doctor; he thought he was going to have to give his sister all of his blood. In thinking you are giving all, you get everything back. In setting someone you love free to live, you receive their full love back.

Attitude, after all, is everything.

PS—Oh by the way...if you know of someone who is looking to buy or sell a home/condo, please refer them to me or just give me a call.

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