



# Joseph's Update

By **Joseph Barry Martin, Ph.D.**

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## **FENG SHUI YOUR WAY TO PEACE AND PROSPERITY**

With changes in our economy, you can still live your dreams of having the home you need and want. There's no need to necessarily renovate or buy new furniture or products. By implementing Feng Shui and Vaastu, together we can achieve harmony, balance and peace, co-creating the right feeling and atmosphere for your home and office.

### **Five FENG SHUI tips for the Fall:**

- Use earthy colours such as rich oranges, red-browns, and various greens

of the Earth element to block the excessive Water element outdoors; this is done with walls, furniture, prints and accessories.

- Place the lucky Bamboo Wood element in home and office to increase prosperity, wealth and health.
- Amethyst crystal is a cure on the left side of the office desk for prosperity and longevity in business.
- Replace old and spent light bulbs, and consider adding more natural and electrical lighting to your home and office for the fall and winter.
- Bring in red, orange and deep pink flowers like Kalanchoe and Cyclamen to place in the living and dining rooms, kitchen and office.

## **HARMONY AND PEACE START IN THE MIND**

When you focus on the positives in your life, and keep your mind and self-talk on your inspiring goals and daily work, you will find that your life goes smoothly and people, work and money are magnetically attracted to you. Try it for yourself and see the results. Every time your mind wavers, make a positive self-statement, breathe and hold to the goals you want to achieve for the day. Then make it happen. Do this for seven days and you will notice it becomes much easier.

### **BOOK REVIEW:**

#### **PRESCRIPTIONS FOR A HEALTHY HOUSE,**

**A PRACTICAL GUIDE FOR ARCHITECTS, BUILDERS & HOMEOWNERS**

**Paula Baker-Laporte, Erica Elliott, and John Banta (Third Revised Edition)**

Modern culture has many benefits but all too frequently convenience and costs

are exchanged for health. The authors have compiled the most authoritative reference in the field of how to build your home or office to maximize its benefit for you health. Incorporating the principles of *Bau-Biologie* (building biology), *Prescriptions for a Healthy House* helps you make your home a healthier living environment. Covering the dangers of conventional building materials from indoor air pollution, toxic building materials and limited testing of building products, this guide spans the entire building and renovating process. This book gives you the tools to build a home safe for you and your family.

## *Joseph's Listings*

**STUNNING OCEAN VIEWS, PEACEFUL LIVING**

**302 - 5110 Cordova Bay Road**

**PRICE REDUCTION \$506,888    MLS 252637**

**OPEN HOUSE SUNDAY NOVEMBER 16, 2 - 4 pm**



**Beautiful ocean views & Mt. Baker, 2 bedroom & 3 bathroom 1785 sq.ft (includes 2 decks) Condo in the heart of Cordova Bay Seaside Village.**

Ocean & Island views from all principal rooms & 2 large front decks off living room & bedrooms.

Part of Cordova Bay Beach Estates which is set in a park like setting with magnificent ponds and walking paths.

Enjoy a clubhouse with indoor pool, whirlpool, lounge & 2 guest suites. Fully remediated building with 10 yr warranty.

55+ one owner. Across from sandy Cordova Bay beach.

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### **SWEET LANGFORD CONDO**

**304 -825 Goldstream Avenue**

**\$213,888      MLS 255143**

**OPEN HOUSE, SATURDAY NOVEMBER 15, 2 - 4 pm**



You will feel right at home in this cozy, adorable Langford Condo for first time buyer or investor.

1 Bed 1 Bath with fireplace, 9' ceilings, balcony, modern décor, 6 appliances, laminate floor.

Clean, open, bright and friendly space. Affordable price at \$213,888.

**Feng Shui'd and Prepping™. Citiwalk at Lavender Square.**

**\*\*\***

**SPECTACULAR, INSPIRING OCEANFRONT LIVING**

**2900 Fishboat Bay Road**

**SOOKE - FRENCH BEACH**

**\$984,900      NEW LISTING MLS 255619**



**OCEANFRONT 2.49 ACRES!**

**Glacier Point Beach House on Prestigious Fishboat Bay Road.**

**Spectacular views across the Strait of Juan de Fuca & Olympic Mtns.**

**2001 Quality built Rancher featuring 2 Bedrooms with oceanviews & 2 Baths, rich hemlock & tile flooring, banks of windows & French doors to 1,012 sqft of grand new deck, Focal point in the Great Rm is a custom energy efficient FP w/bake oven. A private studio, Hot Tub, Gazebo, Flat lot landscaped, low-bank ocean front w/towering trees in a true WEST COAST setting. Will take your breath away!**

**Perfect for nature lovers, retirees, investors, year-round or summer home.**

**Call Joseph for more information on any of these listings  
or for a viewing at 250 -361- 8167**