



# Joseph's Update

By **Joseph Barry Martin**



August, 2007

## STAGING AND FENG SHUI

Recently I staged and Feng Shui'd a house for sale for friends. The fact is the house sold within a few hours of the "FOR SALE" sign going up. This quick sale was largely due to the professional STAGING AND FENG SHUI that the house and gardens received.

We spent quality time carefully de-cluttering, taking out old furniture, and removing and placing boxes in storage. Special attention was given to furniture placement, indoor plants, outdoor plantings and shrubs, interior and exterior painting, roofing, gutters, and driveway. Lighting, windows and floors were all part of what needs to be assessed in order for a bright homey feeling to be created. The flow of energy as one walks from the road to the drive, front garden and front door were taken into account.

The first view of the front door is important. Placement of two large pots of red-coloured flowers on either side of the door created a welcoming, earthy touch. Upon entering the vestibule, now cleaned and de-cluttered, one was able to view the attractive, well-lit, living room with fireplace. The furniture needed to be arranged just so, in order to create the feeling of spaciousness, warmth, intimate spaces, and an unimpeded flow to other rooms and halls of the home. Small details matter when STAGING AND FENG SHUI.

My HOUSE OF LIGHT HARMONY FENG SHUI company is available for anyone who needs to sell a house, renovate a house, or when you've just bought a house in order to make it into a home, compatible with your personal touches and family needs. **Realtors** and **For Sale By Owners** can benefit from my STAGING AND FENG SHUI expertise so that listings sell promptly.

If you would like an assessment of what STAGING AND FENG SHUI can do for you, please call me for an introductory and complimentary overview of how your home can be improved. FENG SHUI creates a harmonious, balanced, creative, energizing and deeply relaxing and peaceful living environment. Offices often need these special touches too.

## BROCCOLI, CAULIFLOWER WITH LEMON THYME SAUCE

You will need ½ lb cauliflower, ½ lb broccoli, 1 clove garlic, minced, ½ tsp sesame oil, juice of ½ lemon, 1 scallion, minced, 1 Tb fresh thyme.

Steam the cauliflower and add the broccoli. Cook for a further +/- 4 minutes. Spray a sauce pan with olive oil. Toss in the garlic, cauliflower and broccoli and saute for +/- 1 minute. Toss in the fresh thyme, sesame oil and lemon juice. Saute another minute. Toss with the minced scallion and serve.

## HEALTH AND FEELING GREAT

Summer is the time to break free, feel great and do all those things that you have been looking forward to all year. Like swimming in an outdoor lake, taking a bike ride around town or in the country, or hiking on a trail you've always wanted to explore. While the days are still warm and the light extended for 16 hours of the day, plan and do those things that connect you with nature. Take time to notice all the beauty of birds, animals, and all that gives you the pleasure of living where you choose. Take along your loved ones, family and friends, so that you can share memorable moments that will last through the coming months and years. Come alive and share your joy.

*Oh by the way...*

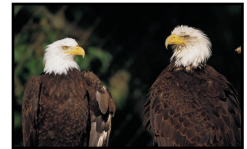
*if you know of someone who is looking to buy or sell a home, condo, or townhouse, please refer them to me or just give me a call.*

## YOUR HUMOUR FOR THE DAY!

SLOT MACHINES:

When you rearrange the letters:

CASH LOST IN ME



ANIMOSITY:

When you rearrange the letters:

IS NO AMITY

ELECTION RESULTS:

When you rearrange the letters:

LIES - LET'S RECOUNT

SNOOZE ALARMS:

When you rearrange the letters:

ALAS! NO MORE Z

***Joseph Barry Martin, Ph.D.***

Cell. 250-361-8167

Office. 250-384-8124

josephmartin@shaw.ca

www.josephbarrymartin.com



