



Joseph's Update

By **Joseph Barry Martin, Ph.D.**



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FENG SHUI FOR SPRING CLEANING, RENOVATING & REALTORS®

- * Feng Shui is in all cultures, often by another name.
- * Use Feng Shui to get homes sold *faster* when you make homes FEEL better to buyers.
- * Understand Chi/Qi, the life force that is in everything including our bodies, to create a flow of harmonious energy in stale spaces in the home and office, thus enhancing health, relationships, pets, plants, and joy.
- * Understand how CLUTTER creates negative emotions, stale energy, mental stagnation, poor communication, and unhealthy businesses.
- * How property Shapes, Environment and Water affect Energy Flow.
- * Learn the secrets of Feng Shui Landscaping for a beautiful garden.
- * Create powerful energy in your office for prosperity & achieving goals.
- * Discover the difference between the 5,000 year old science & folk lore.
- * Why Feng Shui works and is necessary for all aspects of your life.
- * The Feng Shui of Interiors, room by room, including colours & objects.
- * Feng Shui remedies for insomnia, depression, low energy, house health.
- * Time, the Calendar and the need to keep the Qi flowing in your house.
- * Focus on Feng Shui for bedrooms, bathrooms, kitchen & family room.
- * How to maintain harmonious flow & balance to keep you fit & healthy.

FENG SHUI – OR WIND WATER

Two of the most important elements that affect us are wind and water. We cannot survive without the intake of air or water for long. These along with the elements of earth, fire, metal and wood affect our lives. Consider dry or humid air and its effect on you. Feng Shui refers to the energy behind life called Qi; in other cultures it is called Prana, Orenda, and Life Force. It is in everything—plants, the earth, animals and us. Just as you adjust the flow of Qi in body meridians in acupuncture and yoga, so too houses, offices and the environment need Qi balancing. While crucial for health, it is also necessary for romance, business, prosperity, peace and happiness. In my training, I came to Feng Shui through my clinical work in Ayurveda, Chinese Medicine and treating humans for over 30 years. Retired from this, now I only treat and work with houses, offices and gardens. You will be surprised what a difference it makes in your overall get-up-and-go, along with a positive attitude, enhanced sleep, and more fun and joy in your life. Who wouldn't want this! Perhaps it's time for spring cleaning and a tune-up? Call me.

BC REAL ESTATE ASSOCIATION LAUNCHES GREEN TOOL KIT

Online guide helps homebuyers and homeowners understand "green"

Vancouver, BC — April 1, 2008. The BC Real Estate Association (BCREA) today launched a new website designed to educate real estate professionals and consumers about "green" real estate and buildings in BC. BCREA's Green Tool Kit for REALTORS® (www.greentoolkit.ca) is a valuable guide for REALTORS® in BC to respond to the growing consumer interest in features of "green" real estate, from energy efficiency to water-saving measures.

My new Book for home-owners, renovators, developers & REALTORS®

**"Prepping™ for Sale, Sanctuary or Satisfaction:
Harmonizing Your Living and Working Spaces"
will be available soon; please watch for it.**

QUOTABLE QUOTES

Pay Attention to the Little Things

"It is often said that before you die your life passes before your eyes. It is in fact true. It's called living." – Terry Pratchett

"No trumpets sound when the important decisions of our life are made. Destiny is made known silently." – Agnes De Mille

Know What You Want

"I can teach anybody how to get what they want out of life. The problem is that I can't find anybody who can tell me what they want." – Mark Twain

Don't Think You Know It All

***"The more we live by our intellect, the less we understand the meaning of life." –
Leo Tolstoy***

"And he goes through life, his mouth open, and his mind closed." – Oscar Wilde

By the way, I donate \$500 to The Land Conservancy of BC for every Real Estate deal I close.

***And I truly appreciate your referrals and the trust you place in me;
so if you know of someone who is looking to buy or sell a home, condo, or
townhouse, please refer them to me or just give me a call.***

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